

# FIT 4 LIFE PILATES

## **BALMAIN**

Balmain Rowing Club, White Street (next to Elkington Park)

**Monday 9:30am**

## **ROZELLE**

Hannaford Centre, 608 Darling Street

**Monday 6:15pm – Saturday 10:00am**

**Zumba - Saturday 11:00am**

## **GLADESVILLE**

Boronia Park Uniting Church Hall, 93A Pittwater Road

**Tuesday 9:30am – Wednesday 7:30pm – Saturday 8:15am**

## **HABERFIELD**

St David's Uniting Church Hall, 51 Darling Street

**Monday 6:30pm – Tuesday 6:30pm – Friday 9:30am**

**Phone or text Sarah 0416 264 737**

**Please check out our website for further updates**



[www.fit4lifepilates.com.au](http://www.fit4lifepilates.com.au)